

GETTING READY FOR YOUR FIRST APPOINTMENT:

The BridgeWay is committed to providing tools and resources to help people navigate teleassessments and telehealth. With you in mind, we have developed these materials to assist with your access to care. Suppose you are meeting with a mobile assessor or intake counselor or attending our Partial Hospitalization or Intensive Outpatient Programs remotely. In that case, you may follow these steps to join a Zoom meeting.



Scan with your camera to download
zoom

1 Download & install the Zoom app:



2 Join Zoom meeting:

From your device, click the link in the email sent by your therapist and follow the on-screen instructions to join the meeting. *There is no need to create an account to use Zoom.*

Tips for using Zoom:

- If you are using an external camera and/or microphone be sure to plug them in before opening the Zoom application. We recommend using headphones if possible.
- Only 1 microphone and speaker system should be active per physical location. Otherwise the 2 systems may cause a loud screeching sound.
- More light is better. Try to sit in a well-lit area during your meeting.

Zoom interface quick-reference:

