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FOR IMMEDIATE RELEASE

Grand Opening of The BridgeWay Women’s Center for Health and Wellness

North Little Rock, AR – October 2, 2023 – The BridgeWay officially opened its new Women’s Health and Wellness Center which offers specialized treatment designed to be gender-sensitive toward the needs and challenges of women. The Center provides a caring, supportive, structured environment and offers a variety of programming designed with women in mind. Treatment can include art, music, aromatherapy, yoga, and nutritional education. The individualized treatment plan can include assessment, stabilization, and focused treatment interventions that utilize a trauma-informed approach. Our staff also help with establishing links to outside community resources so one can flourish following treatment with us.

“One in five women will experience a common mental health disorder such as depression or anxiety. We believe that women’s mental health care has not been given the attention it deserves. The BridgeWay is thrilled to offer the women of Arkansas a specialized program committed to their care,” said Megan Miller, LCSW, CEO. “We are also proud to introduce this new service line in conjunction with the celebration of our 40th year anniversary of being a trusted behavioral health leader in Arkansas.”

The Women’s Health and Wellness Center provides treatment for acute mental health issues arising from mood and anxiety disorders, trauma (physical, emotional, and sexual abuse), low self-esteem and body image, relationship issues, postpartum depression, PTSD, and self-harm.

About The BridgeWay

Since 1983, The BridgeWay has provided behavioral healthcare services to our communities. Our programs are designed to give each patient individualized care to help manage their symptoms, resolve problems, recognize life stressors and effectively cope with their condition.

The BridgeWay accepts most major, private, and government-issued insurance plans including Medicaid and Medicaid Expansion, Medicare, TRICARE, Arkansas Works, Arkansas Total Care, CareSource PASSE, Empower Healthcare Solutions, and Summit Community Care. Learn more: <https://thebridgeway.com/>

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